

# IECPCP focus

Collaborating for Education and Practice:  
An Interprofessional Education Strategy for Newfoundland and Labrador  
Project Newsletter

*Centre for Collaborative Health Professional Education (CCHPE)  
Memorial University of Newfoundland*

## Learning Together - Working Together

*An Interprofessional Health Education Symposium*

The Centre for Collaborative Health Professional Education hosted an interprofessional health education symposium on October 23, 2006, at the Fairmont Newfoundland Hotel. The symposium brought together over 130 key stakeholders in health professional education from across the province including faculty and preceptors, representatives from student organizations, regional health authorities, professional associations, Departments of Education and Health and Community Services, and members of the Centre's Governing Council and project Steering Committee.

The goal of the symposium was to promote interprofessional education by sharing experiences, developing strategies for expanding and growing interprofessional education initiatives, enhancing awareness of key principles and concepts for organizing interprofessional education, and creating a vision for interprofessional education for collaborative patient-centered practice.



Participants at the collaborative health education symposium discuss strategies for expanding interprofessional education.



Members of the symposium panel discussion (L-R):  
Dr. Granger Avery, Ms. Laurie-Anne O'Brien, Mr. Stephen Quigley

The day's activities included a presentation by Dr. John Gilbert, Principal and Professor Emeritus, College of Health Disciplines, University of British Columbia; an interprofessional panel discussion; and small-group brainstorming and discussion. Dr. Marilyn Hammick, an international education and research consultant, facilitated the small-group discussions and concluded with a synthesis and reflection on the day's discussions.

Feedback from participants was very positive. Over 79% reported an increased understanding of interprofessional education and 87% felt that the information presented was applicable to their practice settings. Participants expressed satisfaction with the day's activities and over 95% appreciated the opportunity to network with other health professionals.

*For more information about the symposium, see:*

- ▶ Addressing the Challenges of IECPCP (Page 2)
- ▶ Vision and Action Planning (Page 2)

## UPDATE ON THE RURAL MENTAL HEALTH INTERPROFESSIONAL TRAINING PROGRAM

DR. PETER CORNISH

The Rural Mental Health Interprofessional Training Project (RMHITP) team has finalized the interprofessional education and evaluation program for the first three communities in the study. With the hire of Dr. Olga Heath in mid-September, we were able to move forward with implementing the project.

The program is designed to provide and evaluate interprofessional mental health training in six of the Primary Health Care Centres across the province.

The first phase of the project is in the process of being completed and involves the primary health care teams and other community service providers in Placentia, Harbour Breton and Port-Aux-Basques. The program involves a total of ten sessions focused on common mental health issues. For the first two sessions, trainers are present at the site and the last eight are conducted by video-conference. The early sessions cover general material such as interprofessional team building and developing effective relationships which set the stage for later presentations. The video-conference presentations focus on specific techniques within the context of interprofessional teamwork such as stages of change, motivational interviewing, cognitive behavioural techniques, solution focused interviewing methods, assertive community treatment and crisis intervention.

The second phase of the project begins in February 2007 and involves Primary Health Care Projects in Bonne Bay, St. Anthony and Happy Valley-Goose Bay.

## Interprofessional Education Symposium ►

### Addressing the Challenges of IECPCP

Dr. John Gilbert, former Principal and Professor Emeritus of the College of Health Disciplines, University of British Columbia, set the tone for the day's discussions at the recent interprofessional health education symposium, Learning Together-Working Together. Dr. Gilbert's keynote address focused on the goals of the symposium - how to promote interprofessional education (IPE) by enhancing awareness, sharing experiences, and developing strategies for expanding and growing IPE. In his address, he shared definitions of interprofessional education and collaboration, reported the benefits of well-functioning teams, and discussed the challenges of developing strategies for sustaining IPE.

A detailed biography and a copy of Dr. Gilbert's PowerPoint presentation are available on the CCHPE website.



Dr. John Gilbert, former Principal and Professor Emeritus of the College of Health Disciplines, UBC and Ms. Sue Beardall, Senior Policy Advisor, Office of Nursing Policy, Health Canada at the interprofessional education symposium

### Vision and Action Planning

Dr. Marilyn Hammick is a Research and Education Consultant who advises on educational systematic review work, is Consultant to Best Evidence Medical Education (BEME) and is Research and Evaluation Consultant to the UK Higher Education Academy Health Sciences and Practice Subject Centre. Dr. Hammick led the afternoon's discussions which focused on vision and action planning for interprofessional health education.

Symposium participants were divided into small interprofessional discussion groups and tasked with identifying structures and strategies for enhancing and sustaining interprofessional health education. Following the small-group reports, Dr. Hammick provided a synthesis of the discussions.

For a detailed biography and a copy of Dr. Hammick's summary, see the CCHPE website.

## Interprofessional Education Learning Activities Fall 2006 ►

During the fall semester, five new interprofessional education learning blocks and modules were introduced for students of nursing, medicine, social work, and pharmacy:

- Service Learning Project
- Rehabilitative Care
- Health Promotion Through Community Assessment
- Newborn Care
- Collaborative Mental Health Care

Web-CT technology allowed students in St. John's and Corner Brook to review course content through online tutorials, videos, and e-presence presentations and communicate with members of their small interprofessional groups through online discussion forums, course mail, and chat groups.

Students participating in the learning blocks and

modules were responsible for a wide range of activities including case study analysis for Rehabilitative Care and Collaborative Mental Health Care; breastfeeding promotion for Newborn Care; researching and developing health promotion strategies for assigned communities in Newfoundland and Labrador for Health Promotion Through Community Assessment; and researching, developing, and delivering a health promotion/education service for assigned agencies, schools, organizations or institutions for the Service Learning Project.

For more information on interprofessional education learning activities, see:

- Interprofessional Education Service Learning Project (Page 4)
- Spotlight on Jacqueline Turner (Page 4)

## Future Directions ►

### Interprofessional Education and Research Among the Health Professions in Memorial University of Newfoundland

*Dr. Wayne Ludlow*

One of the Newfoundland and Labrador government's White Paper recommendations related directly to the education and training of health and community service professionals at Memorial University. In response, President Meisen, in November 2005, commissioned the above named report under the chairmanship of Dr. Duncan Sinclair, retired Vice-Principal (Health Sciences) and Dean of Medicine at Queen's University.

The Committee submitted its report on May 31, 2006 and presented a strategic plan to optimize collaborative health professional education and research among the related programs of study in the University.

The Report recommends the establishment of a "College" of Interprofessional Health and Community Services and the appointment of an academic administrator who will report to the Vice-President (Academic). The academic council of this

new entity will include ex officio members and those seconded, cross or joint appointed from the participating faculties and schools. This model will continue to ensure that all health professionals retain their high degree of competence and individual professional identities through their own faculties and schools, and further enhance an already high degree of collaboration among these professions. The Report also recommends that new capital and base funding be provided.

Since May, the Committee has been meeting with various groups and individuals, and by the end of November, will have met with faculty in Human Kinetics and Recreation, Nursing, Pharmacy, Social Work, Medicine, and Counselling.

The full report, its executive summary and related links can be found at the home page of the Vice-President (Academic). [www.mun.ca/vpacademic](http://www.mun.ca/vpacademic)

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## Canadian Interprofessional Health Collaborative

The CIHC is a pan-Canadian collaborative of partners advancing the evidence base related to Interprofessional Education for Collaborative Patient-Centred Practice (IECPCP). Its focus is on building a representative Collaborative, identifying and sharing best practices in interprofessional education and collaborative practice, and translating this knowledge to people who can use it to transform healthcare.

The CIHC held its inaugural meetings in Toronto in November, bringing together affiliates of IECPCP learning projects and partners in interprofessional education and collaborative patient-centred practice. Participants were able to share experiences and discuss future planning for the CIHC. Several

members of Memorial University's IECPCP project staff and faculty attended the inaugural meeting and appreciated the opportunity to network with staff of interprofessional education projects across Canada. The CIHC is planning to organize a continuing series of much larger meetings to build on the work of this inaugural meeting. For more information about the CIHC, visit their website - [www.cihc.ca](http://www.cihc.ca).



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## Interprofessional Collaboration Workshop

The Centre for Collaborative Health Professional Education partnered with the Eastern Regional Integrated Health Authority to deliver Interprofessional Collaboration Workshops. These workshops are intended to enhance collaborative competencies of participants as defined by the Royal College of Physicians and Surgeons of Canada CanMEDS Collaborator Role. The overall purpose of the

workshop is to introduce participants to the values, principles, processes, and techniques underlying effective interprofessional collaboration. The target audience for these workshops will include medical faculty and residents and nursing and allied health staff from Eastern Health. The first workshops are being implemented in December with additional workshops scheduled for January 2007.



# Interprofessional Education Service Learning Project ►

*Dr. Anne Kearney*

The Service Learning Project is an interprofessional community health learning experience implemented for the first time during the fall 2006 semester. This was a complex and challenging initiative involving 56 community agencies, 18 faculty and staff, community representatives, and 204 students from medicine, nursing, and social work.

The students worked in interprofessional teams to conduct a needs assessment with a community agency/aggregate,

develop a health promotion or education plan, implement their plan, conduct a process and impact evaluation and develop the outcome evaluation strategy and tool(s). Community agencies were varied and included schools, non-governmental health and social service agencies, government offices, occupational health settings, and health service agencies. Evaluation of this initiative is comprised of written surveys to all involved students, focus groups with students in each discipline, and telephone surveys with the main agency contact person.

Feedback from the agencies has been very positive with respect to the final product they received that will benefit their client group, but also in relation to seeing the students of different professional programs collaborate to achieve a common goal for the community.

*Dr. Anne Kearney is the team leader of the Service Learning Project and Assistant Professor of the School of Nursing and Faculty of Medicine, Memorial University.*



## Co-Chairs:

**Dr. Dennis Sharpe**  
*Faculty of Edu., Co-Director, CCHPE*

**Dr. Vernon Curran**  
*Faculty of Medicine, Co-Director, CCHPE*

## Members:

**Ms. Anita Ludlow**  
*Chief Nursing Officer, Gov't of NL*

**Dr. Shelly Birnie-Lefcovitch**  
*Director, School of Social Work*

**Dr. Khalid Aziz**  
*Faculty of Medicine*

**Dr. Susan MacDonald**  
*Faculty of Medicine*

**Dr. Linda Hensman**  
*Director, School of Pharmacy*

**Ms. Cathy Gogan**  
*Patient Representative*

**Mr. John Peddle**  
*Exec. Director, NL Health Boards Ass.*

**Dr. Sandra Lefort**  
*Director, School of Nursing*

**Dr. Peter Cornish**  
*Director, Counseling Centre*

**Ms. Tina Pittman**  
*Medical Student*

**Mr. Ryan Snelgrove**  
*Medical Student*

**Mr. Sheldon Baines**  
*Pharmacy Student*

**Ms. Erin Schwenger**  
*Pharmacy Student*

**Ms. Jean Pike**  
*Social Work Student*

**Ms. Crystalynn Jackson**  
*Social Work Student*

**Ms. Melissa George**  
*Nursing Student*

**Mr. Stephen Quigley**  
*Nursing Student*

**Ms. Jacqueline Turner**  
*Patient Representative*

## Spotlight On ►

### Jacqueline Turner

To assist with the process of small group learning for interprofessional education learning blocks and modules, the Centre for Collaborative Health Professional Education has recruited a number of small-group facilitators. The concept of interprofessional health education is not new to Jacqueline Turner. Having been a member of the Standardized Patient Program for more than four years and representing the patient perspective on the Steering Committee for the interprofessional education project, Jacqueline was delighted when asked to facilitate students' small, interprofessional group discussions.



Jacqueline Turner (far left) facilitates an interprofessional education session with students from medicine, nursing, and pharmacy.

"The idea of bringing together students from different disciplines in the field of health care to discuss the issues around patient care was very motivating." As expected, the experience was rewarding. She found that students from each discipline listened respectfully to the ideas of their peers and acknowledged their own limitations. "We all left these sessions more informed and as a result had a better understanding of the roles they as health care workers will play in interprofessional care in the future."

*Jacqueline Turner has facilitated seven IPE learning blocks and modules during the winter and fall semesters 2006.*

UNDERGRADUATE  
LEARNING BLOCKS  
AND MODULES  
TENTATIVELY  
SCHEDULED FOR  
WINTER 2007:

- ▶ Professionalism in Interprofessional Teamwork
- ▶ Health and Wellbeing of Children
- ▶ HIV/AIDS Care
- ▶ Geriatric Care



## Newfoundland & Labrador Health Sciences Student Association Update ►

WOW! Have we been busy this term!

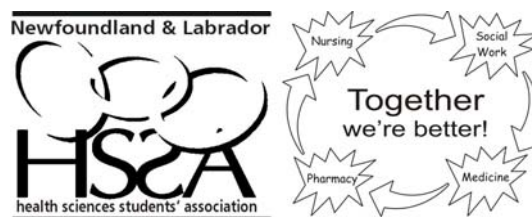
Upon our arrival back to school, we were very pleased to learn that Ashley Pretty, a Memorial University 5th year social work student, was chosen to attend the Interprofessional Educational Experience. This event took place over the summer months and was comprised of an IPE clinical shadowing experience. The event was sponsored by NaHSSA and was quite beneficial to all who were involved. We can only hope that other health science students will follow in Ashley's footsteps and embrace IPE opportunities as they arise.

The term started with NLHSSA first year orientation sessions to the various health sciences faculties. During these sessions we promoted the benefits of IPE and encouraged students to become involved in our organization. It was a great success and many students expressed interest in becoming involved.

NLHSSA entered a team in the CIBC Run for the Cure held on October 1. Approximately 45 students participated in the event and helped to raise over \$2500 to support Breast Cancer Research. We were quite excited to take part in this worthwhile event and it was fantastic to see the health science faculties at Memorial working together as a team for a good cause!

Members of the NLHSSA attended the interprofessional health education symposium entitled "Learning Together - Working Together" which was held at the Fairmont Hotel in St. John's. This event proved to be a fantastic way to network with IPE stakeholders from across the province. As well, during this event we were able to give a presentation about NLHSSA to the participants. We are quite proud to say that our presentation was well received by all who attended.

We are planning to attend the 3rd Annual NaHSSA conference which will be held at the University of Saskatchewan. One committee representative from each of the four faculties will attend. We hope to return to MUN next semester revitalized and ready to continue to promote interprofessionalism to our peers. In addition upon our arrival back in St. John's we hope to utilize the knowledge and skills we have gained as we take part in our annual day long "jam session" to strengthen our agenda for the upcoming year!



Remember - we're better together!

## Project Evaluation Update ►

Jennifer Forristall & Dennis Sharpe

The fall semester was a busy one for the project Evaluation/Research Team. A second administration of the baseline survey was completed with all Memorial University students enrolled in medicine, nursing, social work and pharmacy; over 1200 students were surveyed at both St. John's and Corner Brook campuses. In addition, as part of the curriculum implementation activities:

- Students who participated in interprofessional education (IPE) learning blocks/modules and the service learning project were surveyed;
- Focus groups were held with students participating in IPE learning activities and with faculty members who participated in curriculum planning; and

- Pre-training surveys were administered to participants in the Rural Mental Health Interprofessional Training Program and participants in the Interprofessional Collaboration Workshop (post-training surveys are planned for winter and spring with these groups).

Several short reports on each evaluation undertaken this past semester are being generated and will be posted on the project website in the New Year. Attendees of the interprofessional health education symposium Learning Together-Working Together were also surveyed to obtain feedback on the event (see project website).

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## Useful Internet Links about Interprofessional Education ►

### IECPCP project page on the CCHPE website

<http://www.med.mun.ca/cchpe/pages/activities/iecpcp.htm>

### IECPCP Health Canada site

[http://www.hc-sc.gc.ca/hcs-sss/hhr-rhs/strateg/interprof/index\\_e.html](http://www.hc-sc.gc.ca/hcs-sss/hhr-rhs/strateg/interprof/index_e.html)

### IECPCP brochure (pdf)

[http://www.med.mun.ca/cchpe/pubs/IECPCP\\_Pamphlet.pdf](http://www.med.mun.ca/cchpe/pubs/IECPCP_Pamphlet.pdf)

### IECPCP curriculum framework handout

[http://www.med.mun.ca/cchpe/pubs/IECPCP\\_Curriculum.pdf](http://www.med.mun.ca/cchpe/pubs/IECPCP_Curriculum.pdf)

### IECPCP backgrounder handout

[http://www.med.mun.ca/cchpe/pubs/Interprofessional\\_backgrounder.pdf](http://www.med.mun.ca/cchpe/pubs/Interprofessional_backgrounder.pdf)

### Health Canada video

<http://www.healthcouncilcanada.ca/splash.htm>

### Links for interprofessional health education

<http://www.med.mun.ca/cchpe/pages/resources/IPE.htm>

### Contact Us ►

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